

Fall Adult Education Opportunities

**Mussar: A Path for Holy Living
with Rabbi Jenn**

**The First Thursday of the month
beginning October 4th
11:15 a.m.**

Mussar is a Jewish spiritual tradition that teaches us to pay attention to our inner traits (middot) as we follow the path of holy living. Alan Morinis explains, "The path of Mussar begins with coming to awareness of the traits that are on your spiritual curriculum, and then doing the work to change those traits." In this course, we will grapple with what it means to work on our own spiritual curriculum and live a holy life.

[Click here for more information.](#)

**Talmud on Tap with Rabbi Jen
Sunday, October 7th
at Eagle Park Brewing Company
4:00 p.m.**

Come enjoy locally brewed beer and discuss Talmud with Rabbi Jenn Mangold from Congregation Shalom in collaboration with Milwaukee Jewish Federation's Shalom Milwaukee. [RSVP here.](#) [Click here for more information.](#)

**Next Chapter: The Prophets
with Rabbi Noah
Tuesdays at 6:30 p.m.**

Join Rabbi Noah to study chapter by chapter through the TANKH, the whole of the Hebrew Bible. No Hebrew is necessary.

**Lunch and Learn with Rabbi Jenn
Thursday, October 11th
11:30 a.m.**

"Wrapping Ourselves in Spirituality"
Come explore the Mitzvah of tallit and tzitzit. Learn how wrapping ourselves in a tallit may enhance our prayer experience, connect us to our ancestors, and remind us to perform mitzvot in our daily lives. If you have a tallit, please bring it along to share! Please bring your own bag lunch. [Click here for more information.](#)

**Torah on the Trails with Rabbi Jenn
Saturday, October 27th
at Havenwoods State Forest
10:00 a.m.**

Join Rabbi Jenn for a morning of Midrash and Movement! We will hike and kibbitz, stop and take in the breathtaking views and study together in beautiful surroundings. Please remember to wear weather appropriate clothing and comfortable walking shoes. This is open to all ages! [Click here for more information.](#)

**Cooking with the Clergy-
Sharing our Family Recipes
Tuesday, October 30th
6:30 p.m.**


Join us as we weave together clips from the documentary *The Sturgeon Queens* with the recipes and stories from our clergy's very own families. The film follows the four generation family behind the famed lox and herring emporium Russ and Daughters on New York's Lower East Side, hitting all of the key notes of the Jewish immigrant experience: hard work, humor, romance, and a little tsuris. And, in a way is reflective of so many of our own families' stories. And of course, schmooze


with us as we enjoy tasting our heritage together! Click here for more information.

RSVP to Abby for all of these opportunities!

As always please join us weekly for our Saturday morning Torah Study at 9:00 a.m. in Kesselman Chapel. And our What's Nu weekly discussion group on Thursdays at 10:00 a.m. in the Choir Room.

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